

**6.7 Oral health**

The setting provides care for children and promotes health through promoting oral health and hygiene, encouraging healthy eating and healthy snacks.

* Fresh drinking water is available at all times and easily accessible.
* Sugary drinks are not served.
* Only water and milk are served with morning and afternoon snacks.
* Children are offered healthy nutritious snacks with no added sugar.
* Parents are discouraged from sending in confectionary as a snack or treat.
* Children are encouraged to brush their teeth as part of their daily routine and staff reinforce this through discussions with parents and children
* We have an Information pack that is distributed to all parents when their child starts the setting.
* Oral hygiene activities are included in planning to promote good oral health to all children.
* The setting co-ordinates with local oral health and ensure procedures are reviewed regularly, additional guidance from the local team may be added to this procedure.

Further guidance

Infant & Toddler Forum: Ten Steps for Healthy Toddlers [www.infantandtoddlerforum.org/toddlers-to-preschool/healthy-eating/ten-steps-for-healthy-toddlers/](http://www.infantandtoddlerforum.org/toddlers-to-preschool/healthy-eating/ten-steps-for-healthy-toddlers/)

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| This policy was adopted by | Kea Preschool Ltd | *(name of provider)* |
| On | September 2021 | *(date)* |
| Reviewed  Date to be reviewed | 23rd October 2022  October 2023 | *(date)* |
| Signed on behalf of the provider | TMKEMP | |
| Name of signatory | Tracey Kemp | |
| Role of signatory (e.g. chair, director or owner) | Manager | |